



AUGUST EDITION

President's corner

Message from Nerrily

I hope you have all managed to **stay safe, warm and well** over these past few weeks.

We have all certainly experienced some very cold days and nights and with **Influenza A and B currently doing the rounds**, it is a timely reminder to take care of ourselves. If you are able to, please make sure you are vaccinated and take extra care during these colder months.

Please keep warm, look after yourselves, and check in on family, friends and neighbours who may appreciate a little extra support.

CHANGE OF OFFICE OPENING HOURS

Please note that from this week, our Grey Power office, situated at **Equippers Church, Ridgway Street**, will be open: **TUESDAY ONLY** 12:00 midday – 2.00pm

We strongly encourage members who are unable to come into the office to pay their membership subscription to **pay directly online**.

If you need assis-



President Nerrily Frith

tance or have any questions, please contact us. We will do our very best to help.

CHRISTMAS/ SUMMER OFFICE CLOSURE

Please note that the Grey Power office will be closed from **1 November 2026** for the Christmas and summer break.

The office will reopen on 19 January 2027.

Please ensure that any membership matters or payments that need to be attended to are completed before the office closes.

A MESSAGE TO MEMBERS

Thank you for your support of **Grey Power Wanganui**.

Your membership is incredibly important. It enables us to continue advocating for **the interests, rights and wellbeing of older people**, both in our community and across New Zealand.

We are proud to represent our members and will continue working to ensure that the voices of older people are **heard, respected and valued**.

As we move through these colder months, please remember to look after yourselves and one another.

Stay warm, stay safe and take care of one another.

Warm regards,
Nerrily Frith
President

Living Well • Ageing Well Expo Save the date!

Living Well • Ageing Well Expo

Grey Power Wanganui, in collaboration with Whanganui District Council, Te Oranganui, Age Concern, U3A and other local service organisations, is pleased to announce a special Living Well, Ageing Well Expo.

Date: Tuesday, 6 October 2026

Venue: War Memorial Centre

Time: 10.00am – 3.00pm

The expo will bring together a wide range of organisations and service providers, offering information, displays and activities designed to help older people live well, stay connected and age well in our community. There will be displays, information stalls and a range of events taking place throughout the day, providing something of interest for everyone.

Keynote Speaker – 2.00pm

We are delighted to announce that we will



War Memorial Centre theatre

have Hon Casey Costello, Minister for Seniors, as our Keynote Speaker at 2.00pm.

This promises to be an informative and enjoyable day. Please mark your calendar now and come along. Everyone is welcome!

LIVING WELL • AGEING WELL

Grey Power electricity

Payment of your Pulse Energy Account
If you are paying your **Grey Power Electricity/Pulse Energy account**, please use the following bank details:
Account name: Pulse Energy Alliance Limited
Bank: BNZ
Account Number: 02-0108-0333798-029
IMPORTANT

When making your payment, please double-check that you have entered the correct account number before completing the transaction.

Grey Power: Advocating for seniors' wellbeing

We do this by:

- Advancing, supporting and protecting the welfare and well-being of older citizens
- Affirming and protecting the statutory right of every resident to a sufficient N.Z. Superannuation entitlement
- Striving for the provision of quality health care for all N.Z residents
- Opposing all discriminatory legislation affecting the rights, security and dignity of senior citizens
- Not aligning our Policies with any Political party
- Working alongside kindred organisations to achieve quality outcomes for senior citizens

We look forward to your support by becoming an active member of Whanganui Grey Power

www.greypower.co.nz

email: greypower@gmail.com

Address: P.O Box 4197, Whanganui 4541

Joining fee: \$25 single; \$40 couple

JOIN NOW AND GIVE GREY POWER A STRONGER VOICE

Grey Power Whanganui Café Catch-up



Our popular Café Catch Up will continue throughout 2026, providing a relaxed opportunity to meet other Grey Power members, enjoy a coffee and have a chat.

When: Second Friday of each month
Where: Columbus Café, Mitre 10, Whanganui

Time: 2.00pm

Come along, bring a friend and enjoy some friendly conversation in a relaxed atmosphere.

New members and existing members are all warmly welcome.

We look forward to seeing you at our next Café Catch-Up!



GREYPOWER
WANGANUI INC SOC.

BECOME A
MEMBER TODAY!

Please complete this form and return it with your payment IF PAYING BY CASH

Name/s _____

Membership Number _____ or New Member ☐

Address _____ Contact number _____

I/We enclose my/our subscription for the year **01/04/25 to 31/03/26**

(Note: Separate cards with the same membership number are issued for couples)

\$25 Single ☐

\$40 Double ☐

Donation ☐

Please tick appropriate box/es above

New & current members can sign up or renew online at
www.greypowerwanganui.co.nz (click the membership tab)

Internet Banking: Bank account number: **38-9006-0435305-02** (Kiwibank).

Important: Be careful to record your surname and initials in the **CODE box** and your membership number in the **REFERENCE box**.

Your new membership card will confirm receipt of the subscription.